

GIANELLI'S EARLY LEARNING CENTER

WEEK 4 MENU

	SNACK	LUNCH	SNACKS
MONDAY	Cheerios Skim/LF Milk-4oz	Sliders Oven baked Fries Ketchup Carrots and Celery sticks/dip Skim/LF Milk-6oz	Graham Crackers Skim/LF Milk-4oz
TUESDAY	Golden Round Crackers Skim/LF Milk – 4 oz	Pasta & Homemade Sauce & Meatballs, Green Beans Pineapple Tidbits Skim/LF Milk-6oz	Baby carrots and raisins
WEDNESDAY	Yogurt	Submarine Sandwich: Ham or Bologna w/cheese on hot dog bun Pickle Spear, Apple slices Skim/LF Milk-6oz	Mozzarella String Cheese part skim Saltines
THURSDAY	Toasted English Muffin Cream Cheese Skim/LF Milk-4oz	Homemade Macaroni and Cheese lettuce Fruited Gelatin Skim/LF Milk-6oz	Cheerios Skim/LF Milk-4oz
FRIDAY	Nilla Wafers Skim/LF Milk-4oz	Pizza w/ Tom Sauce and Mozzarella Cheese Lettuce Melon Cubes or Seasonal Fruit Milk-6oz	Banana or Apple Slices

- Reviewed/updated in compliance with the USDA food pattern for children ages 3-5
- Unflavored low-fat (1%) or fat-free (skim) milk must be served to children ages 2-5
- At least 1 serving of grains/day must be Whole Grain Rich (WGR)
- Water available at snack/mealtimes

***This menu is subject to change**

Buon Appetito!