

# GIANELLI'S EARLY LEARNING CENTER

## WEEK 3 MENU

	SNACK	LUNCH	SNACKS
MONDAY	Yogurt	Swedish Meatballs w/gravy Egg noodles Green Beans Chilled pears Skin/LF Milk-6oz	Saltines String Cheese
TUESDAY	Cheerios Cereal Skim/LF Milk-4oz	Homemade Chicken soup: Chicken, carrots, celery, onion, beans, chick peas, squash, noodles, Skim/LF Milk-6oz	Golden Round Crackers Milk Skim/LF Milk-4oz
WEDNESDAY	Graham Crackers Skim/LF Milk-4oz	Chicken Nuggets Brown Rice, Corn Cinnamon Applesauce Skim/LF Milk-6oz	Toasted English Muffin Cream Cheese Skim/LF Milk-4oz
THURSDAY	Toasted English Muffin Cream Cheese Skim/LF Milk-4oz	Homemade Macaroni & Cheese Lettuce Fruited Gelatin Skim/LF Milk-6oz	Ritz Crackers Apple Juice-100%-4oz
FRIDAY	Animal Crackers Skim/LF Milk-4oz	Grilled Cheese Sandwich Pickle Spear Seasonal Fruit Skim/LF Milk-6oz	Banana or Apple slices

- Reviewed/updated in compliance with the USDA food pattern for children ages 3-5
- Unflavored low-fat (1%) or fat-free (skim) milk must be served to children ages 2-5
- At least 1 serving of grains/day must be Whole Grain Rich (WGR)
- Water available at snack/mealtimes
- **This Menu is subject to change**

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**Buon Appetito!**