

**GIANELLI'S EARLY LEARNING
CENTER
WEEK 3 MENU**

| | SNACK | LUNCH | SNACKS |
|-----------|--|--|--|
| MONDAY | Yogurt | Swedish Meatballs w/gravy Egg noodles Green Beans Chilled pears Skin/LF Milk-6oz | Saltines String Cheese |
| TUESDAY | Cheerios Cereal Skim/LF Milk-4oz | Homemade Chicken soup: Chicken, carrots, celery, onion, beans, chick peas, squash, noodles, Skim/LF Milk-6oz | Golden Round Crackers Milk Skim/LF Milk-4oz |
| WEDNESDAY | Graham Crackers Skim/LF Milk-4oz | Chicken Nuggets Brown Rice, Corn Cinnamon Applesauce Skim/LF Milk-6oz | Toasted English Muffin Cream Cheese Skim/LF Milk-4oz |
| THURSDAY | Toasted English Muffin Cream Cheese Skim/LF Milk-4oz | Homemade Macaroni & Cheese Lettuce Fruited Gelatin Skim/LF Milk-6oz | Ritz Crackers Apple Juice-100%-4oz |
| FRIDAY | Animal Crackers Skim/LF Milk-4oz | Grilled Cheese Sandwich Pickle Spear Seasonal Fruit Skim/LF Milk-6oz | Banana or Apple slices |

- Reviewed/updated in compliance with the USDA food pattern for children ages 3-5
- Unflavored low-fat (1%) or fat-free (skim) milk must be served to children ages 2-5
- At least 1 serving of grains/day must be Whole Grain Rich (WGR)
- Water available at snack/mealtimes
- **This Menu is subject to change**

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Buon Appetito!