

GIANELLI'S EARLY LEARNING CENTER

WEEK 1 MENU

	SNACK	LUNCH	SNACKS
MONDAY	Saltine Crackers Skim/LF Milk-4oz	American Chop Suey: Ground Meat/Pasta Lettuce Mixed Fruit Cup Skim/LF Milk-6oz	Mozzarella String Cheese (part-skim) Saltines
TUESDAY	Graham Crackers Skim/LF Milk-4oz	Hot Dog on Bun Ketchup/Relish Baked Beans Celery/Carrot Sticks Skim/LF Milk-6oz	Goldfish Crackers Orange Juice
WEDNESDAY	Carrot Sticks and Raisins	Meatloaf w/ Gravy Buttered Noodles Green Beans Pineapple Tidbits Skim/LF Milk-6oz	Apple Juice-100% Pretzels
THURSDAY	Cheerios Skim/LF Milk-4oz	Homemade Chick Soup: Chicken, carrots, chick peas, squash, noodles Skim/LF Milk-6oz	Wheat Thin Crackers Skim/LF Milk-4oz
FRIDAY	Yogurt	Grilled Cheese Seasonal Fruit Skim/LF Milk-6oz	Banana or Apple Slices

- Reviewed/updated in compliance with the USDA food pattern for children ages 3-5
- Unflavored low-fat (1%) or fat-free (skim) milk must be served to children ages 2-5
- At least 1 serving of grains/day must be Whole Grain Rich (WGR)
- Water available at snack/mealtimes

***This menu is subject to change**

Buon Appetito!